

Recent UK Health Reports

Alcohol

[Alcohol Guidelines Review](#) Department of Health 2016

[Statistics on Alcohol England](#) Health & Social Care Information Centre 2015

Businesses and Health

[Health on the High Street](#) Royal Society for Public Health 2015

[Is Sugar turning the economy sour?](#) Credit Suisse 2013

[Mental Health We're Ready to Talk](#) Business in The Community 2015

[Taxpayers subsidise big business by an estimated £11 billion a year](#) Citizens UK Report 2015

[The 21st century gingerbread house How companies are marketing junk food to children online](#) British Heart Foundation 2011

Diet

[The Eatwell Guide](#) Public Health England 2016

[Carbohydrates and Health](#) Scientific Advisory Committee on Nutrition 2015

[Food for thought – Promoting healthy diets among children and young people](#) British Medical Association 2015

[We are what we eat. Healthy living trends around the world](#) Nielsen 2015

Drugs

[Taking a new line on Drugs](#) Royal Society for Public Health 2016

Exercise

[Exercise: the miracle cure and the role of the doctor in promoting it](#) Academy of Medical Royal Colleges 2015

[Impact of Physical Activity and Diet on Health](#) House of Commons Health Committee 2015

[Physical Activity and Health, Facts and Figures](#) Sustrans

Mental Health

[Better Mental Health for All](#) Faculty of Public Health and Mental Health Foundation 2016

[The Five Year Forward View for Mental Health](#) Mental Health Taskforce 2016

The NHS

[Five Year Forward View](#) NHS 2014

Obesity

[Ending Childhood Obesity](#) World Health Organisation 2016

[Healthy and Wealthy?](#) Age Watch/Health Action Campaign 2015

[Statistics on Obesity, Physical Activity and Diet – England](#) HSCIC 2016

[Adult Obesity and type 2 Diabetes](#) Public Health England 2014

[Childhood obesity- brave and bold action](#) House of Commons Health Committee 2015

[Overcoming Obesity: An initial economic analysis](#) McKinsey Global Institute 2014

Public Health

[Public Health Outcomes Framework](#) Public Health England November 2015 Update

Smoking

[Smoking Statistics](#) Action on Smoking and Health 2015

[Smoking still kills](#) Action on Smoking and Health 2015

[Statistics on Smoking](#) Health & Social Care Information Centre 2015